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Prokeimenon for the First Sunday of the Great Fast, p.10

Aposticha of the First Sunday of the Great Fast, p. 63

**Vespers Propers on the Evening of the
First Sunday of the Great Fast
March 13, 2011**

Our venerable father Benedict. Born in Nursia in Umbria and educated in Rome, he began a hermit’s life in the Subiaco region. He gathered many disciples around himself, and then went to Monte Casino. There he founded his celebrated monastery and composed his “Rule for Monks.” This rule spread so widely that he has deserved to be called the patriarch of monks in the West. It is said that he died on the twenty-first day of March. (550)

Supplement for The Order of Vespers on Sunday Afternoons in the Great Fast.

Psalm 140 and Stichera of Forgiveness in the tone of the week (Tone 1, p. 24)
Stichera of the first Sunday of the Great Fast, p. 61

Cantor: (Tone 4) Because with the Lord there is mercy and fullness of redemption.
(on 3) Israel indeed he will redeem from all its iniquity.

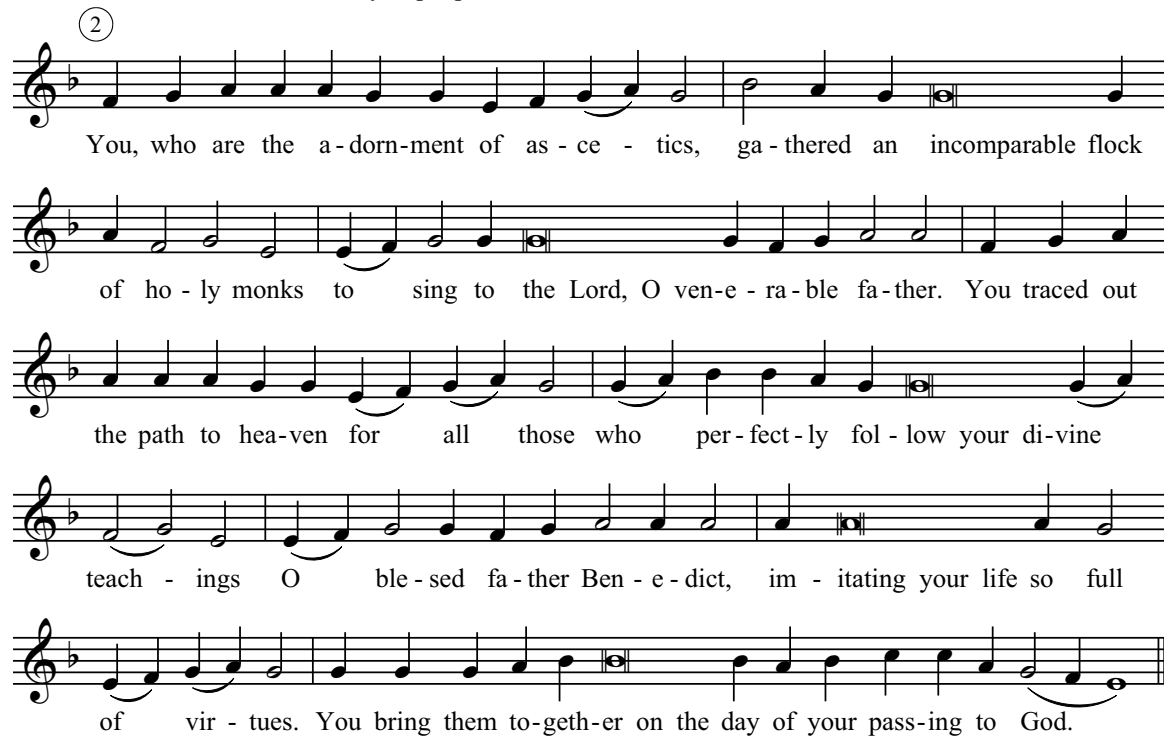
Stichera of our venerable father Benedict - Tone 2 samohlasen

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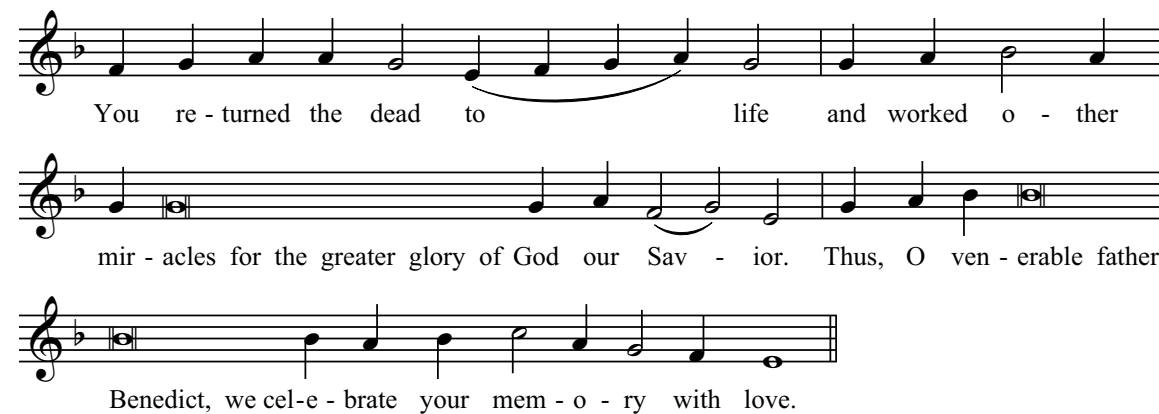
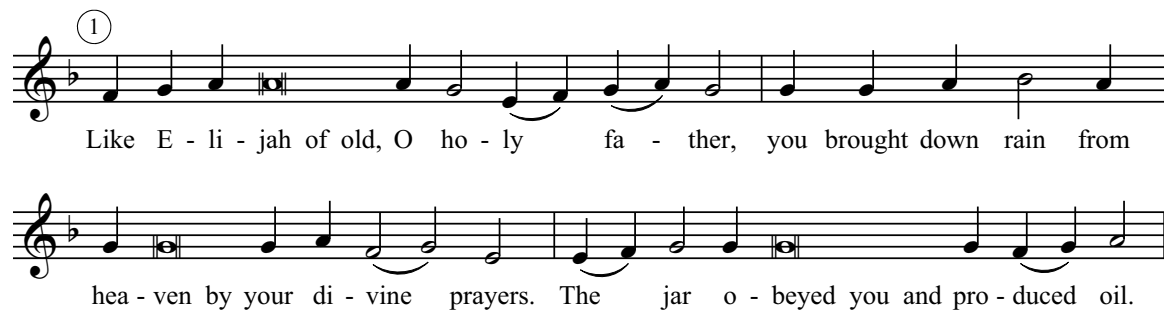
O ho - ly fa - ther, with faith and in true love, you re-nounced the world
from child - hood. and joy - ful - ly fol-lowed Christ cru - ci - fied. Hav - ing
mor - tified your flesh in a mul - ti - tude of strug - gles, you re-ceived the
pow-er of healing in a - bun - dance, so that you could bring an end to all types of
dis - eas - ses, dri - ving a - way spite-ful spi - rits, thus you were made



Cantor: Praise the Lord, all you nations; **Psalm 116**
(on 2) acclaim him, all you peoples!



Cantor: Strong is the love of the Lord for us;
(on 1) he is faithful forever.



Cantor: Glory...now and ever...

Theotokion - *Tone 8 samohlasen*

